

PERMANENT MAKEUP AFTERCARE

Thank you for your business and congratulations on your new permanent makeup! Easy mornings and effortless beauty are just a short healing time away!

Remember to book a secondary appointment*

8-12 week appointment will need to be scheduled between:

_____ and _____

OR

12-16 week appointment will need to be scheduled between:

_____ and _____

General Aftercare Instructions (during healing):

- Do not touch tattooed area unless to apply ointment with clean, washed hands
- Do not get tattooed area wet for 48 hours (i.e. avoid showers/baths)
- Use clean bedding and pillowcases
- Avoid swimming pools, saunas, ocean/lake water
- Avoid makeup, anti-aging products, exfoliators, peels, sunscreens, and self-tanners on tattooed areas
- Limit exposure to direct sun and tanning beds
- Avoid dirt and extreme perspiration (e.g. gardening, home renovations, exercise)
- Do not pick, scratch or scrub
- Do not use topical antibiotics unless by a Doctor's recommendation
- SEEK MEDICAL ATTENTION IF: Excessive swelling, pain, redness or bumps extending beyond site of tattoo/treatment area or have noticeable signs of infection

General Aftercare Instructions (long-term care):

- Always use SPF to protect the colour and life of the tattoo
- Avoid chemical peels and strong anti-aging products in the tattoo area
- Avoid laser hair removal or photo facials near or on tattoo
- Keep your permanent makeup looking fresh and beautiful over the years with Colour Enhancements*

Learn more about **Colour Enhancements** and returning client discounts at:

www.cosmetictattooingbyjustine.com/colour-enhancements

*Failure to schedule a secondary appointment before 16 weeks will void future Colour Enhancement prices and initial pricing will apply



LIPS

Healing Time: 3-6 days

Full Results: 2-5 weeks

Specific Aftercare:

- Absolutely no topical cosmetics near lips until full crust has formed (lipsticks, powders, and creams can enter wound and heal, causing discolouration)
- Use caution in the shower - avoid letting water hit your lips
- Begin taking anti-viral immediately upon suspecting a cold sore breakout (if not already taking prophylactic treatment)
- Do not pick at any crust or rub, you will lose colour
- Cut food up and avoid foods you need to bite into (e.g. sandwiches)
- Use a straw and avoid hot liquids until healed
- Avoid lip fillers until AFTER secondary appointment healing period (if applicable)
- Wash your face as normal but avoid the lip area until healed

Daily Care Until Fully Healed (~ day 6):

- Before bed use a small amount of Cetaphil® Gentle Cleanser and water to wash area, gently rinse, blot dry with a clean cotton pad then apply a thin layer of aftercare balm
- Keep area hydrated using aftercare balm as needed for a minimum of 6 days or until healed and all crust has shed naturally
- Don't be alarmed if pigment/crust comes off onto lip balm when applying aftercare balm or on pillow after sleeping

**KEEP THE REMAINING AFTERCARE PRODUCTS TO USE AFTER
YOUR SECONDARY APPOINTMENT**

Contact Justine if you have any questions about the healing process or when you might be due for a Colour Enhancement!



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1.306.764.2001



 cosmetic.tattooing.by.justine

www.cosmetictattooingbyjustine.com/aftercare