

# PERMANENT MAKEUP AFTERCARE

Thank you for your business and congratulations on your new permanent makeup! Easy mornings and effortless beauty are just a short healing time away!

## Remember to book a secondary appointment\*

8-12 week appointment will need to be scheduled between:

\_\_\_\_\_ and \_\_\_\_\_

OR

12-16 week appointment will need to be scheduled between:

\_\_\_\_\_ and \_\_\_\_\_

## General Aftercare Instructions (during healing):

- Do not touch tattooed area unless to apply ointment with clean, washed hands
- Do not get tattooed area wet for 48 hours (i.e. avoid showers/baths)
- Use clean bedding and pillowcases
- Avoid swimming pools, saunas, ocean/lake water
- Avoid makeup, anti-aging products, exfoliators, peels, sunscreens, and self-tanners on tattooed areas
- Limit exposure to direct sun and tanning beds
- Avoid dirt and extreme perspiration (e.g. gardening, home renovations, exercise)
- Do not pick, scratch or scrub
- Do not use topical antibiotics unless by a Doctor's recommendation
- SEEK MEDICAL ATTENTION IF: Excessive swelling, pain, redness or bumps extending beyond site of tattoo/treatment area or have noticeable signs of infection

## General Aftercare Instructions (long-term care):

- Always use SPF to protect the colour and life of the tattoo
- Avoid chemical peels and strong anti-aging products in the tattoo area
- Avoid laser hair removal or photo facials near or on tattoo
- Keep your permanent makeup looking fresh and beautiful over the years with Colour Enhancements\*

## Learn more about **Colour Enhancements** and returning client discounts at:

[www.cosmetictattooingbyjustine.com/colour-enhancements](http://www.cosmetictattooingbyjustine.com/colour-enhancements)

\*Failure to schedule a secondary appointment before 16 weeks will void future Colour Enhancement prices and initial pricing will apply



# EYELINER

Healing Time: 7-10 days

Full Results: 4-6 weeks

## Specific Aftercare:

- Absolutely no topical cosmetics near eyeliner until full crust has formed (powders and shadows can enter wound and heal, causing discolouration)
- Use caution in the shower - avoid letting water hit your eyes
- Do not wear contact lenses until crust has fully shed
- Do not pick at any crust or rub eyes, you will lose colour or cause eye irritation
- Avoid eye creams, night creams, and moisturizers until fully healed
- Lash extensions, false lashes, lash tints, and lash perms can be re-applied AFTER secondary appointment (if applicable) healing period
- Avoid lash growth serums until AFTER secondary appointment (if applicable) healing period
- Wash your face as normal but avoid the eye area until healed

## Daily Care Until Fully Healed (~ day 10):

- Before bed use a small amount of Cetaphil® Gentle Cleanser and water to wash area, gently rinse, blot dry with a clean cotton pad then apply a thin layer of aftercare ointment (approx. amount of ointment needed is a grain of rice for BOTH eyes)
- Keep area slightly moist using clean Q-tip or microswab with aftercare ointment 1-3 times daily for a minimum of 7 days or until healed and all crust has shed naturally
- Don't be alarmed if pigment/crust comes off onto Q-tip or microswab when applying aftercare ointments or on pillow after sleeping

**KEEP THE REMAINING AFTERCARE PRODUCTS TO USE AFTER  
YOUR SECONDARY APPOINTMENT**

Contact Justine if you have any questions about the healing process, if you wish to upgrade to a BIGGER, BOLDER eyeliner or when you might be due for a Colour Enhancement!



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